

## **INGREDIENTS**

Makes 3 pizzas, each serving 2-3

### FOR THE PIZZA DOUGH

2 large beetroots with stems and leaves attached 180 ml (3/4 cup) warm water 1 teaspoon active dry yeast 350g (3 cups) plain flour (all-purpose) 1 teaspoon sea salt

## FOR THE BEET LEAF PESTO

50g (1 cup packed) beetroot leaves (remove the larger pink spines for a greenercoloured pesto) 35g (¼ cup) pine nuts 2 tablespoons parmesan cheese, grated 1 tablespoon lemon juice Zest of half a lemon 1 garlic clove, minced Pinch of salt and pepper 2 tablespoons olive oil

## TOPPINGS

50g (1 cup packed) beetroot stems, chopped into 1 inch long pieces 180g (6 oz) goat's cheese 75g (½ cup) olives (green or black) pitted 40g sun-dried tomatoes 3 teaspoons capers 3 teaspoons olive oil Salt and pepper 3 large handfuls rocket (arugula)

# BEETROOT PIZZA WITH BEET LEAF PESTO

By Kate Hackworthy at www.veggiedesserts.co.uk

This eye-catching beetroot pizza is easy to make and uses every bit of a bunch of fresh beetroots: from stem to leaf. The roots are roasted and then pureed before being added to the pizza dough, while the leaves are whizzed into a tangy pesto. Chopped bright purple beetroot stems add another shock of colour to the pizza, as well as a lovely texture.

The flavours of this pizza all come together with rich, salty goat's cheese and a crown of peppery rocket. With capers and olives, the flavours of this pizza are as intense as the colour.

# METHOD

### Preheat oven to 200°C/400F.

Cut the beetroot stems from the roots, leaving an inch of stem still attached. Reserve the beet leaves and stems. Wash the beetroots and wrap in foil individually. Place on a baking tray and cook in the oven for 30-40 minutes or until soft. Allow to cool slightly, then rub off the skins with a paper towel. Puree the beetroot in a food processor and set aside. You will need 150g (½ cup) of the beetroot puree.

### To make the pizza dough in a stand mixer:

Pour the water into the bowl of the stand mixer. Sprinkle the yeast over the water, and let it stand fo a few minutes until the yeast has dissolved. Insert the dough hook, add 150g (½ cup) of the pureed beetroot, plus the flour and salt to the yeast water and knead with the machine for a few minutes until the dough forms a sticky ball. It will be a very soft dough, but if the dough is still too sticky, add a tablespoon of flour at a time until it is manageable. Don't add too much or it will affect the end result.

#### To make the pizza by hand:

Pour the water into a large mixing bowl. Sprinkle the yeast over the water, and let it stand for a few minutes until the yeast has dissolved. Add 150g (½ cup) of the pureed beetroot, plus the flour and salt into the bowl of water and stir until it forms a loose dough. Tip the dough onto a lightly floured countertop (on floured baking paper if you have a wooden countertop to avoid the beetroot staining) and knead firmly for 5-10 minutes or until it's smooth, though it will be a soft, sticky dough. If the dough is too sticky, add a tablespoon of flour at a time until it is manageable. Don't add too much or it will affect the end result.

Put the dough into a large lightly oiled bowl, turn the dough so both sides are covered with oil and cover tightly with clingfilm. Allow the dough to rise for  $1\frac{1}{2}$  hours in a warm place.

Meanwhile, make the beet leaf pesto. Separate the beet leaves from the long pink stems and wash both. Set the beet stems aside. Remove any large pink stems that run through the leaves and discard. Add the beet leaves as well as the other ingredients, except for the olive oil, to a food processor and blitz until fine. While the motor is running, add the olive oil slowly until it becomes thick. Keep in the fridge until ready to use. When you're ready to cook the pizza, preheat the oven to 250°C/ 480F, or as high as your oven will go.

Divide the dough into thirds, then on a lightly floured piece of baking paper, roll out one of the pieces as thin as possible to fit the size of your baking tray. Transfer the pizza and baking paper to the baking tray.

Spread the pizza base a third of the beet leaf pesto then top with a third of the toppings. Drizzle with a teaspoon of olive oil.

Place the pizza in the oven and cook for 10-12 minutes or until the base is crisp and the edges have begun to brown.

Repeat with the remaining dough and toppings Pile the hot pizzas with the rocket/arugula and serve hot, cut into slices.

